

SACRAMENTO COUNTY SHERIFF'S OFFICE

REENTRY SERVICES UNIT PROGRAM GUIDE



SHERIFF SCOTT R. JONES

IN PARTNERSHIP WITH



The Sacramento Sheriff's Office Reentry Services Unit provides rehabilitative vocational, educational and treatment services to the justice involved population. This wide variety of programs and services provided by the Sheriff's Office and its partners aims to reduce recidivism by preparing offenders for successful community reintegration. To accomplish this goal, the Reentry Services Unit and collaborative criminal justice partners ensure that offenders who enter in-custody programming are provided evidence-based programs with comprehensive support systems to ensure post-release success. The Reentry Services Unit's data-driven and outcomes based program model has proven effective in reducing rates of re-arrest and recidivism. There is no better method in recidivism reduction without jeopardizing public safety than effective custody-based reentry programs.

The Reentry Services Unit uses a data-driven approach in program and service delivery. Lifetime data from the correctional based programs offered provides empirical evidence of the effectiveness of custody-based programs in reducing not only re-arrest and recidivism rates, but future jail populations as well. The Reentry Services Unit uses statewide offender data to measure recidivism while using the standard recidivism definition put forth by the Board of State and Community Corrections (BSCC).

Historical state recidivism data shows overall rates to range from 67-73% prior to the passage of Assembly Bill109. Evaluation of the historical data shows drug offenders and property criminals to recidivate at numbers even higher than historical averages. With the passage of Assembly Bill 109 (2011), Proposition 47 (2014) and Proposition 57 (2016) a growing number of offenders who traditionally were sentenced to state prison were sentenced and housed in County Jail Prisons. With past averages showing nearly three-quarters of all sentenced offenders returning to custody within three years, the Sacramento Sheriff's Office and its partners have worked to greatly reduce those numbers. The results are recidivism numbers that have distinguished the Sheriff's Office Reentry Services Unit and its partners as a national leader in offender programming.

The Reentry Services Unit is available for any questions you may have in determining an individual's suitability for reentry programming. Questions relative to rehabilitative programming and participant referrals can be sent to the Reentry Services Unit at reentry@sacsheriff.com. We look forward to working with you in providing effective rehabilitative opportunities to justice involved individuals.

**Lieutenant Brad Rose
Commander
Reentry Services Unit**

**Captain Todd Henry
Commander
Rio Cosumnes Correctional Center**



SACRAMENTO SHERIFF'S OFFICE REENTRY SERVICES UNIT

Mission Statement

The mission of the Sacramento County Sheriff's Office Reentry Services Bureau is to enhance public safety with the reduction of recidivism. The Reentry Services Bureau will utilize efficient, effective program to approaches through collaboration with public and private community partners to assist offenders in becoming productive, accountable, law-abiding citizens. The Reentry Services Bureau will provide vocational, educational and treatment programs to equip offenders with the skills and tools for successful reentry into our community. To accomplish our mission, we dedicate ourselves to Service with Concern.

CRIMINOGENIC RISK / NEEDS ASSESSMENT



Level of Service/Case Management Inventory

By D. A. Andrews, Ph.D., J. L. Bonta, Ph.D., & J. S. Wormith, Ph.D.

Profile Report

OVER ALL RISK SCORE

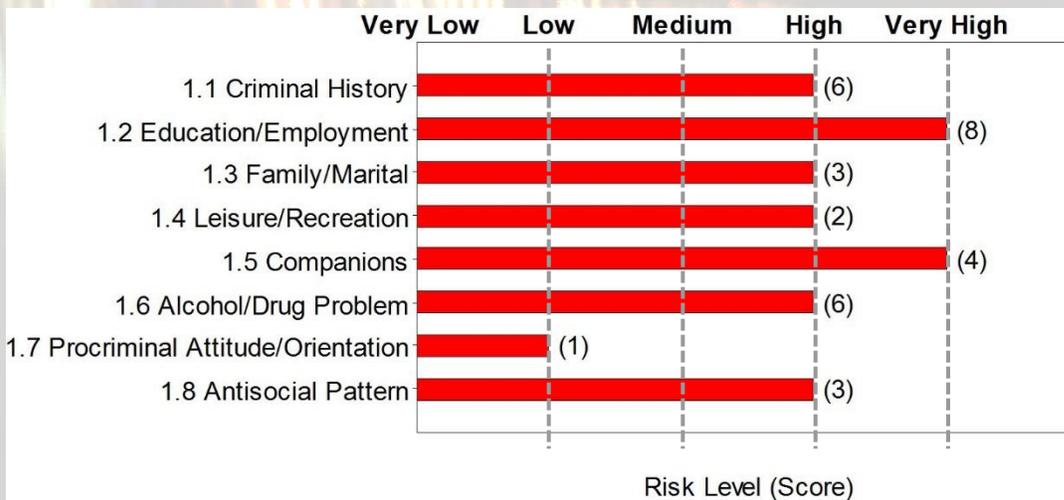
The graph below displays JANE DOE'S General Risk/Need Total score and indicates the classification level associated with that score.



RISK / NEED SUBCOMPONENTS

Assessment of General Risk/Need Factors

The graph below displays JANE DOE'S risk level for each General Risk/Need subcomponent.



COGNITIVE BEHAVIOR THERAPY (CBT)/TREATMENT PROGRAMS

Reentry Services utilizes a team comprised of Sacramento Sheriff's Office staff, community based providers, and evidence based practices to aid offenders in maintaining a sober lifestyle. Treatment is individualized by targeting a participants high risk areas that are discovered during their initial assessments. Reentry services promotes strategies to overcome addiction, and ways to maintain a clean lifestyle through recovery. Programs include the following:

Housing for Accountable Living Transitions/Residential Substance Abuse Treatment (HALT/RSAT), Compound Program, and PC Program

HALT/RSAT, Compound, and PC Programs, provide substance abuse treatment and reentry services through evidence based practices to incarcerated offenders while supporting participants during their transition back into the community. These programs provide substance abuse treatment, Cognitive Behavior Therapy (CBT), education, and assisting the offender in changing learned behaviors while offering him or her the tools to become a productive member of the community. Participants receive individual needs assessments and class schedules to address their individual criminogenic needs. Offenders will receive assistance with aftercare services for up to one year after they are released from custody. Participants receive a program certificate upon successful completion and time off their sentence for class hours when eligible.

Beyond Trauma

A gender responsive class focusing on the kinds of suffering women are most at risk of experiencing; childhood abuse, rape, battering and other forms of interpersonal violence and helping them recover from the effects of the trauma in their lives. The coping skills learned in this curriculum can also be useful for other types of traumatic events.

Courage to Change A&B

A cognitive behavioral therapy course addressing criminogenic risks through interactive journaling. Topics covered are social values, responsible thinking, self-control, peer relationships, family ties and leisure and recreation.

Employment Readiness

Participants are taught strategies for employment success including the development of a resume, interview practice, career assessment, skills to sustain employment, and appropriate employment attire. Reentry Services has one Employment Coordinator specifically dedicated to the area of Employment Readiness. Employment partnerships in Sacramento, Elk Grove, and other surrounding areas have been, and continue to be, established and job placements are occurring. With the assistance of the Employment Coordinator and when applicable, participants can be successful in obtaining employment utilizing skills they have learned while participating in the various vocational programs located at RCCC.

Introduction to Recovery

The goal of this course is to help participants identify their denial patterns, learn coping skills and to overcome them. Program completion is dependent on workbook completion.

COGNITIVE BEHAVIOR THERAPY (CBT)/TREATMENT PROGRAMS

(CONTINUED)

Living in Balance

In this course participants learn how to balance their life by learning ways to reduce stress, problem solve, and understand human needs and social relationships.

Man Alive/Woman Alive

Rio Cosumnes Correctional Center partners with a Sacramento County Certified Batterers Treatment provider to offer participants the strategies needed to stop their pattern of violent behavior and be accountable to themselves, their families, and their community.

Relapse Prevention

This course focuses on the thinking process that leads to relapse and understanding the belief system that can lead to prevention. All participants will create their own individual relapse prevention plans. These relapse prevention plans address what the individuals triggers are prior to relapse, and what interventions can assist them in maintaining a clean and sober life.

Thinking for Change

This cognitive behavioral course teaches social skills, cognitive self-change and problem solving strategies. It is designed to help participants set personal and professional goals.

Medical Assisted Treatment

Vivitrol® is a cutting edge medication used to treat opioid and acute alcohol dependence. This medication provides dependent individuals thirty days of treatment per dose. Unlike opioid treatment medications of the past, Vivitrol® is a non-intoxicant, non-narcotic treatment which, through a local pilot project has shown great success in our post-release population.

EDUCATIONAL PROGRAMS

In partnership with the Elk Grove Adult Community Education, the education courses offered by Reentry Services are designed to improve participants' reading and mathematics skills, establish educational goals, and promote the continuation of academic growth. Programs include the following:

High School Equivalency Preparation

This course covers math, English language arts (ELA), social science and science content assessed by the HiSET exam. Participants take practice tests and prepare to take the five-part exam. Participants take the official HiSET exams onsite once they have passed the practice tests.

Adult Basic Education (ABE)

Designed to develop skills to an eighth grade level, this course is offered to help participants improve in the areas of reading, writing, and mathematics. Length of program varies based on testing scores.

English as a Second Language (ESL)

This course teaches English to participant's whose primary language is not English. Length of program varies based on testing scores.

Parent Education (CPS approved)

This program exposes participants to how negative and hurtful parenting affects the psychological and physical development of children. Participants learn ways to create a healthy family environment through nurturing behavior practices.

Computer Technology

Participants learn office computer skills relevant to the current job market including Microsoft applications such as Word, Excel, and PowerPoint. Filing procedures, telephone communications, and document duplication are also covered.

Computer Aided Design/SolidWorks (Publisher)

Participants will apply their knowledge of fundamental engineering and design principles and practices to review SolidWorks concepts. Additionally, students will have prepared industry-related projects designated by the instructors. They will be prepared for entry-level jobs in the mechanical drafting field.

VOCATIONAL PROGRAMS

The goal of providing vocational training within Reentry Services is to prepare offenders for expectations in a professional setting and offer applicable employment training relevant to current, in-demand areas of work. Programs include the following:

Automotive Program

Participants learn the fundamentals of automotive repair and are given hands on training that enables them to get employment in the automotive industry. Participants can receive an Automotive Service Excellence Certificate after mastering all three sections, electrical, breaks, and alignment.

Construction Training

The construction course will offer training in construction safety, hand and power tools, blue print reading, concrete, painting, framing, roofing, drywall, and construction math. Students completing the coursework will receive a certificate of completion from Elk Grove Adult Community Education. The inmates chosen for this program will gain skills necessary to pursue a career within the construction industry.

Culinary Arts

Participants learn core culinary skills and are provided with basic training that enables them to get employment in the food service industry. Participants also receive an industry-recognized certificate upon completion.

Custodial Training

Participants learn basic procedures in custodial and housekeeping operations to include knowledge of janitorial equipment, basic repairs, cleaning materials, safety along with blood-borne pathogens and infectious waste training. The goal of the course is upon completion participants are prepared for custodial employment.

Engraving/Print Shop

Participants learn how to operate and properly service 3D printers, large format printers, laser engravers, and binding machines while learning various design software including Adobe Photoshop, Adobe Illustrator, Adobe InDesign, and Solid Works. Inmates who successfully complete the training are awarded a certificate of completion that outlines the level of competency they have achieved. Length of program varies.

Landscaping and Horticulture

Participants are exposed to different techniques of propagation and irrigation with an emphasis on environmental horticulture and landscape maintenance. Upon completion, participants will have been given the knowledge, practical skills, and training necessary to successfully attain employment in the nursery and landscaping industry.

VOCATIONAL PROGRAMS

(CONTINUED)

Welding

The welding program is a three-step program designed to provide participants with knowledge of welding and manufacturing. Participants complete this program in a shop environment to gain an understanding of shop safety, welding, and metal manufacturing. When participants complete the welding program, they will have all of the necessary skills to gain employment in the welding and manufacturing field. The program offers three levels: a Beginning Class, an Advanced Class, and an Apprenticeship. Participants are eligible to test to receive an American Welding Society Welding Certification. Those who complete the Advanced Class are eligible to receive two college credits from Cosumnes River College and are eligible to apply for the Apprenticeship Program. The program is accredited by the California's Division of Apprenticeship Standards. Participants at this level receive apprenticeship hours for the time spent working on projects in the shop. Participants can continue their apprenticeship when they leave the facility.

Wild Horse Program

In partnership with the Bureau of Land Management, Rio Cosumnes Correctional Center offers participants the opportunity to train and maintain the well-being of wild horses. The program helps offenders develop vocational skills through the practice of patience, time management, and organization. The program has 6 levels of instruction to teach participants basic horsemanship, equipment, gentling techniques, feeding, care, and horse anatomy. Certificates are awarded upon successful completion of each domain.

Beekeeping

Participants in the beekeeping program will be instructed and shown basic techniques such as hive inspections and honey extraction. As students' progress through the program they will be taught advanced techniques such as swarm capturing, hive splitting and queen rearing. The participants will learn what attributes are needed to be successful in the commercial beekeeping industry and will gain skills necessary to pursue a career in beekeeping.



PROGRAM/CLASS COMPLETION REQUIREMENTS

TREATMENT PROGRAMS:

Program:	Hours to complete: (Accumulative hours from treatment classes listed below)
Housing for Accountable Living Transitions/Residential Substance Abuse Treatment (HALT/RSAT)	150-300 Hours based on individuals criminogenic needs
Comprehensive Reentry Program	150-300 Hours based on individuals criminogenic needs
Protective Custody Programming	150-250 Hours based on individuals criminogenic needs

TREATMENT CLASSES:

Class Title:	Curriculum Used:	Hours of instruction on per week:	Hours to complete:	Approximate time of sentence to serve IN custody to complete:
Beyond Trauma	Beyond Trauma a Healing Journey for Women	3	24	2 months
Courage to Change A	Change Co-Courage to Change	1.5	39	6.5 months
Courage to Change B	Change Co	1.5	31	5 months
Employment Readiness	Change Co-Employment Skills, Managing My Life Journals	3	21	2 months
P / * Intro to Recovery/ Coping Skills	Change Co-Denial, Coping, and Substance Abuse Journals	3	33	3 months
Living in Balance	Hazelden	3	27	2.5 months
* Man/Women Alive	Man/Woman Alive	2	52	6.5 months
* Relapse Prevention	Hazelden	1.5 - 3	36	3-6 months
P Thinking for Change	Thinking for Change	3	35	3 months

MEDICAL ASSISTED TREATMENTS:

Opiate use Disorder	Medication determined by medical staff	Must complete at least one substance abuse curriculum	180 days
Alcohol	Vivitrol	Must complete treatment curriculum	90 days

* - Offered for Post-Release Continued Programming Through Contracted Community Based Organizations

P - Available for Continued Programming Through Probation At Adult Day Reporting Centers

EDUCATION:

Class Title:	Curriculum Used:	Hours of instruction per week:	Approximate hours to complete:	Approximate time of sentence to serve IN custody to complete:
*				
Adult Basic Education (ABE)	Aztec Curriculum (hour completion varies my individual's needs)	12	178	4 Months
*				
Computer Technology	Microsoft 2013/2016 & 10 key	6-15	150	2.5-6.5 Months
*				
English as a second Language	Putting English to Work (PEW) (hour completion varies my individual's needs)	8	144	4.5 Months
*				
High School Education(GED)	Aztec Curriculum and High School Equivalency Test (HiSET)(hour completion varies my individual's needs)	12	120	2.5 Months
Parenting	Inside out (CPS Certified)	3	60	5 Months
Publisher	Microsoft Publisher, PowerPoint, Excel	3	40	3.5 Months

VOCATIONAL TRAINING

Program:	Sample Jobs Titles:	Hours of instruction per week:	Approx. hours to complete:	Approx. time of sentence to serve IN custody to complete:
Automotive Training	Automotive Technician, Mechanic, Lube Tech, Quick Service Technician, General Service Technician, Service Advisor, Parts Counter Person	30	400	4 Months

Construction Training	Carpenter, Concrete Laborer, Construction Manager, Drywall Installer, Electrician, Roofer	12	656	1 Year
Culinary Arts	Cafeteria Attendant, Dining Room Attendant, Salad Maker, Sandwich Maker, Cook's Helper, Food Assembler, Baker, Bakery Clerk, Cake Decorator, Pastry Chef, Bakery Chef, Sous Chef, Kitchen Manager, Chef, Cook, Banquet Chef, Head Cook, Food and Beverage Director	27.5	340	3 Months
Custodial Training	Custodian, Janitor, Cleaner, Custodial Worker, Building Custodian, Plant Custodian, Floor Tech, Heavy Duty Custodian	18	150	2 Months
Engraving	Laser Cutting Operator, Engraver, Vehicle Wrap Application	22	720	8.5 Months
Landscape/Horticulture	Gardener, Greens Keeper, Grounds Worker, Outside/Grounds Maintenance Worker, Landscaper	30	345	3 Months
Warehouse Training	Fork lift driver, Warehouse Manager, Logistics, Warehouse shipping and receiving, pallet jack operator, recycler, small equipment repair, Stocker, Inventory Manager.	35	560	4 Months
Welding	Welder, Technical Sales Fabricator/Manufacturing/Repair Foreman, Technician, Construction Welder, Government Enlisted Welder	35	480	4 Months (2 Years to complete 3000 hour apprentice hours)
Wild Horse Program	Horse Trainer, Farrier, Ranch Manager, Ranch Hand	40	960	6 Months

*** - Offered for Post-Release Continued Programming Through Contracted Community Based Organizations**

P - Available for Continued Programming Through Probation At Adult Day Reporting Centers

THE RESULTS

REENTRY PROGRAMS IMPROVE OUTCOMES AND REDUCE RECIDIVISM

VALIDATED ASSESSMENT RISK NEEDS SCORES



AVERAGE OVERALL SCORE AT RELEASE



AVERAGE OVERALL SCORE AT INTAKE

AVERAGE SUB-COMPONENT RISK FACTOR SCORE AT INTAKE

EDU/EMPLOYMENT	4.3
FAMILY/MARITAL	2.2
LEISURE/RECREATION	1.5
COMPANIONS	3.1
ALC/DRUG PROBLEM	4.8
PROCRIMINAL ATTITUDE	1.2
ANTISOCIAL PATTERN	1.5

AVERAGE SUB-COMPONENT RISK FACTOR SCORE AT RELEASE

EDU/EMPLOYMENT	3.6
FAMILY/MARITAL	1.6
LEISURE/RECREATION	1.1
COMPANIONS	2.3
ALC/DRUG PROBLEM	3.7
PROCRIMINAL ATTITUDE	0.8
ANTISOCIAL PATTERN	1

REDUCED



16%
27%
27%
26%
23%
33.3%
33.3%

THE RESULTS

RECIDIVISM RATES PER PROGRAM

BEHIND THE NUMBERS

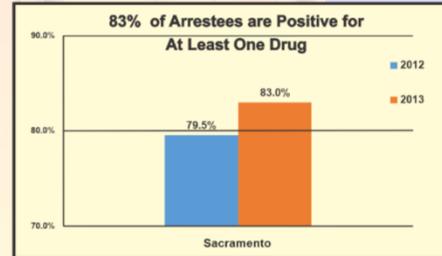
How is Recidivism Measured?

Data provides programs the ability to evaluate effectiveness and efficiency.

The Reentry Services Unit utilizes a data driven approach in ensuring all programs and services are outcomes based.

To capture the most complete and accurate data in measuring recidivism, statewide Criminal Offender Record Information (CORI) is used to measure re-arrest and conviction rates. Recidivism rates are developed from CORI data using the standard recidivism definition as termed by the Board of State and Community Corrections (BSCC).

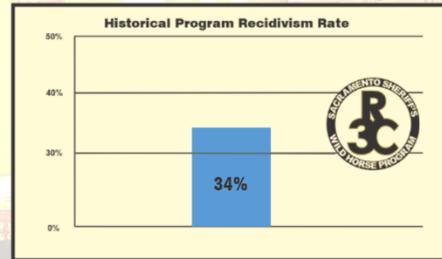
ADDICTION RATES AT TIME OF ARREST



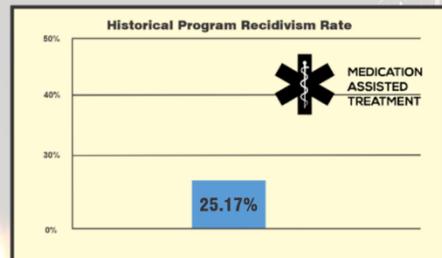
Sacramento led all sites with 83% of all arrests testing positive for one or more drugs.

Source: Office of National Drug Control Policy Arrestee Drug Abuse Monitoring Program II (ADAM) Report (2014)

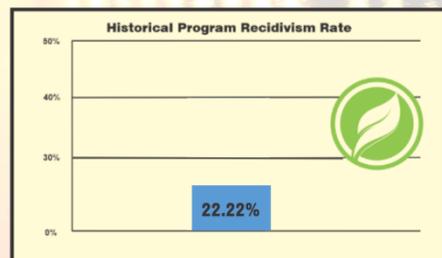
WILD HORSE PROGRAM



MEDICATION ASSISTED TREATMENT PROGRAM



LANDSCAPING PROGRAM





FOR IMMEDIATE RELEASE
NOVEMBER 13, 2014

CONTACT: Tracie Cone, 916.322.1054
Tracie.Cone@bscc.ca.gov

BSCC Committee Releases Recidivism Definition

SACRAMENTO, Nov. 13, 2014 – The Board of State and Community Corrections has made final its definition of "recidivism," a first step toward promoting consistency statewide in local data collection.

The approval comes after 11 months of work by a committee of public safety officials and subject-matter experts to craft the definition mandated by AB 1050. The statute calls for the definition to be used to help counties evaluate and implement evidence-based practices and programs in local corrections systems.

The definition reads as follows:

Adult Recidivism Definition

Recidivism is defined as conviction of a new felony or misdemeanor committed within three years of release from custody or committed within three years of placement on supervision for a previous criminal conviction.¹

Supplemental Measures

This definition does not preclude other measures of offender outcomes. Such measures may include new arrest, return to custody, criminal filing, violation of supervision, and level of offense (felony or misdemeanor).

Recidivism Rates

While the definition adopts a three-year standard measurement period, rates may also be measured over other time intervals such as one, two, or five years.

¹ "Committed" refers to the date of offense, not the date of conviction.

The committee continues to work on other definitions as required by the legislation. AB 1050 amended Section 6027 of the Penal Code to require the Board to: "Develop definitions of key terms, including, but not limited to, "recidivism," "average daily population," "treatment program completion rates," and any other terms deemed relevant in order to facilitate consistency in local data collection, evaluation, and implementation of evidence-based practices, promising evidence-based practices, and evidence-based programs."

It is hoped that counties and law enforcement agencies will use the standard definitions for these key terms once all are developed and approved by the BSCC.

Since Public Safety Realignment launched in 2011 California has been investing hundreds of millions of dollars at the local level so that low-level, non-violent offenders and parole violators would serve their terms in county jails, closer to support systems and the rehabilitative programming that officials of the 58 counties determine work best for their communities. A central goal of Realignment is reducing recidivism.

The BSCC is mandated by AB 109 to collect and maintain data about state and community correction policies, practices and needs. Having standard definitions will promote consistent statewide reporting.

In the coming weeks the BSCC will publish the definition on its website and alert counties that a definition has been adopted. The agency also will offer technical assistance to counties seeking to use the definition in local data-collection efforts.

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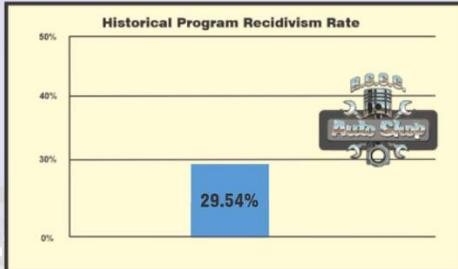
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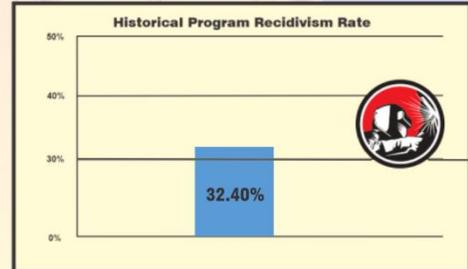
THE RESULTS

RECIDIVISM RATES PER PROGRAM

AUTOMOTIVE PROGRAM



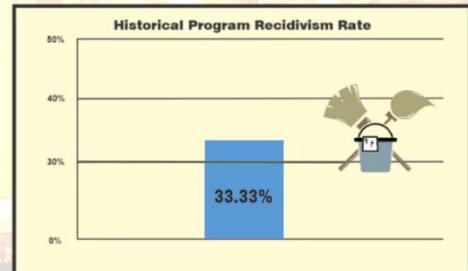
WELDING PROGRAM



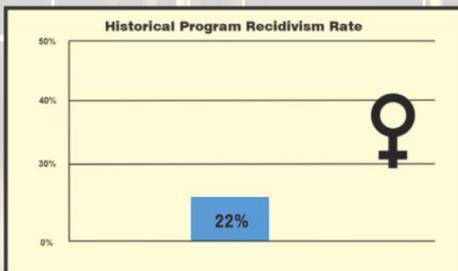
VOCATIONAL ENGRAVING/SIGN PROGRAM



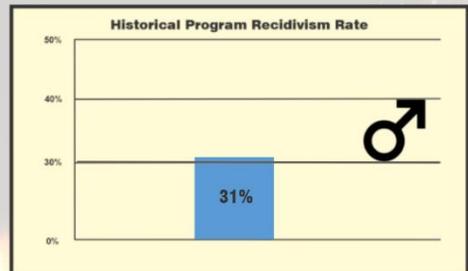
CUSTODIAL PROGRAM



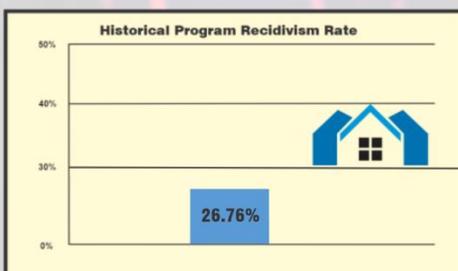
REENTRY FOR FEMALE OFFENDERS



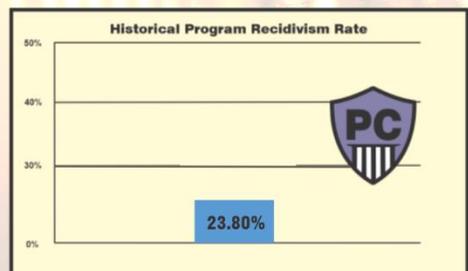
REENTRY FOR MALE OFFENDERS



HOUSING FOR ACCOUNTABLE LIVING TRANSITION (HALT)/ RESIDENTIAL SUBSTANCE ABUSE TREATMENT (RSAT)



REENTRY FOR PROTECTIVE CUSTODY OFFENDERS



IN PARTNERSHIP WITH



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